## \*Contact us if you need assistance\*

## Covid 19 - Coronavirus

Maria Oats	01206 273 058
(Chair)	
Chris Exley	01206 271 419
(Vice Chair)	
Hannah Taylor	01206 262 314
Chris Jacobs	01206 973 266
Susie Goldring	01206 271 155
Joanna Petersen	01206 273 145
(Clerk)	07747 803 870
clerk@littlehorkesleypc.com	

Please note the new website address for the Parish Council.

Updates on the current situation can be found here.

www.littlehorkesleypc.com

Little Horkesley Parish Council is concerned that there may be members of our community who feel especially vulnerable at this difficult time.

If you are able to offer assistance; picking up a prescription or shopping, posting mail or even a friendly phone call to someone in isolation, please contact the Clerk, Jo Petersen who will hold your details on a list of people potentially available to help the vulnerable in the village if required.

The Parish Council is aware that many residents will be offered help from family, friends and neighbours and we would encourage this approach.

We do not aim to replace this excellent work but would like to reassure those who find themselves isolated, and worrying about practical day to day life, that there is assistance available.

## Stay at home if you have Coronavirus symptoms.

Stay at home if you have either:

- A high temperature this means you feel hot to touch on your chest or back.
- A new continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours.

Do not go to the GP surgery, pharmacy or hospital.

Use the 111 coronavirus service to find out what to do. (source: www.nhs.uk)